

REACH out to us

If you are worried, so are we.

We understand you know yourself, your family member or friend better than we do.

If you **Recognise** a worrying change or feel that something is 'not quite right' – let us know.

What to do if you feel worried:



Engage and speak with your nurse, midwife or doctor about your concerns.



Act: Talk to the person in charge of the ward about your concerns.

Call 8416 7800 if the nurses, midwives or doctors could not help.

Help is on its way.



